

## Resource for Unit 4 Lesson 6- Crosslinking and BDDE in Dermal Fillers

### Crosslinking – what does this mean?

Cross-linking is a critical process in the manufacture of hyaluronic acid (HA) dermal fillers, influencing their physical properties, durability, and suitability for specific applications.

#### Cross-Linking Process:

**Selection of HA Source:** The process begins with the selection of the source material for hyaluronic acid. HA can be obtained from various sources, including bacterial fermentation, animal tissues, or bioengineered sources. For cosmetic and medical use, non-animal-derived HA is commonly preferred to reduce the risk of immunogenic reactions.

**Isolation and Purification:** The HA is extracted and purified to remove impurities and contaminants, ensuring a high-quality product.

**Cross-Linking Agents:** Cross-linking agents, also known as cross-linking agents or modifiers, are introduced to the HA solution. These agents facilitate the formation of covalent bonds (cross-links) between individual HA molecules. Common cross-linking agents include 1,4-butanediol diglycidyl ether (BDDE) and divinyl sulfone (DVS).

**Chemical Reaction:** The cross-linking agents react with specific functional groups on the HA molecules. For example, BDDE reacts with hydroxyl (-OH) groups on HA. These chemical reactions create covalent bonds, linking one HA molecule to another.

**Controlled Conditions:** The cross-linking process is carefully controlled in terms of temperature, pH, and reaction time to achieve the desired degree of cross-linking. These factors influence the filler's viscosity, consistency, and longevity.

**Washing and Neutralization:** After cross-linking, the HA is thoroughly washed and neutralized to remove any unreacted cross-linking agents and to stabilize the product.

#### Effects of Cross-Linking:

**Increased Viscosity:** Cross-linking increases the viscosity of the HA solution, making it thicker and more gel-like. The degree of cross-linking can be adjusted to achieve specific viscosities suitable for different treatment areas. Thicker fillers are typically used for deep tissue augmentation, while thinner ones are used for fine lines.

**Durability:** Cross-linked HA fillers are more durable and longer-lasting compared to non-cross-linked ones. The covalent bonds formed between HA molecules slow down the natural enzymatic degradation process, extending the filler's duration of effect.

**Controlled Degradation:** While cross-linked fillers last longer, they remain biodegradable. Over time, the covalent bonds between HA molecules break, allowing the filler to be gradually absorbed and metabolized by the body. This property is crucial for reversibility, as the effects can be partially or completely reversed with hyaluronidase if necessary.

**Tissue Integration:** Cross-linked HA fillers integrate well with surrounding tissues, providing natural-looking results. The covalent bonds formed during cross-linking stabilize the filler within the extracellular matrix, reducing the likelihood of migration or lumpiness.

**Customization:** The degree of cross-linking can be customized for specific products and purposes. This allows manufacturers to create a range of HA fillers with varying viscosities and lifespans, tailored to different patient needs and treatment goals.

## **Monophasic or Biphasic crosslinking**

In the manufacturing of hyaluronic acid (HA) dermal fillers, the terms "monophasic" and "biphasic" refer to the nature of the cross-linking process used to modify the HA molecules. These terms describe how the HA molecules are cross-linked and the resulting properties of the filler.

### **Monophasic Cross-Linking:**

**Definition:** Monophasic cross-linking involves the use of a single type of cross-linking agent to create covalent bonds between HA molecules within the filler.

### **Process:**

In monophasic cross-linking, one specific cross-linking agent, such as 1,4-butanediol diglycidyl ether (BDDE), is used.

The cross-linking agent reacts with specific functional groups on the HA molecules, typically hydroxyl (-OH) groups.

This chemical reaction forms covalent bonds between HA chains, creating a three-dimensional network or lattice structure.

### **Properties:**

Monophasic cross-linked fillers tend to have a uniform and consistent structure throughout. The cross-linking is distributed evenly, resulting in a homogenous filler.

These fillers are often characterized by their predictable and controlled viscosity, elasticity, and cohesivity.

Monophasic fillers are typically more viscous and may have a denser network, making them suitable for applications requiring volume enhancement or deeper tissue augmentation.

### **Clinical Applications:**

Monophasic fillers are commonly used for deep tissue augmentation and restoring volume in areas like the cheeks and nasolabial folds.

They are preferred when a stable and long-lasting volumizing effect is desired.

### **Biphasic Cross-Linking:**

**Definition:** Biphasic cross-linking involves the use of two or more different types of cross-linking agents during the manufacturing process.

### **Process:**

In biphasic cross-linking, multiple cross-linking agents, often of different sizes and reactivity, are used simultaneously or sequentially.

These agents may target different functional groups on HA molecules.

The combination of cross-linking agents results in a filler with varying degrees and types of cross-links within the same product.

### **Properties:**

Biphasic cross-linked fillers have a heterogeneous structure with regions of different cross-link densities.

The variation in cross-linking creates distinct phases within the filler, each with its own properties.

This approach allows for customization of the filler's rheological properties, with different areas exhibiting different viscosities, cohesivities, and elasticities.

### **Clinical Applications:**

Biphasic fillers offer versatility in cosmetic treatments. They can be used for a wide range of applications, from fine lines and superficial injections to deep tissue augmentation.

The diverse properties within the filler enable practitioners to address different patient needs and areas of concern.

In summary, monophasic and biphasic cross-linking in the manufacture of HA dermal fillers refer to the use of single or multiple cross-linking agents to modify HA molecules. Monophasic fillers have a uniform structure and are often used for stable, long-lasting volume enhancement. In contrast, biphasic fillers have a heterogeneous structure, allowing for customization of rheological properties and greater versatility in clinical applications. The choice between monophasic and biphasic fillers depends on the specific treatment goals and the desired properties of the filler for a given patient.

## **What is BDDE**

BDDE (1,4-butanediol diglyceryl ether) is a crucial chemical compound used in the manufacture of hyaluronic acid (HA) dermal fillers. It serves as a cross-linking agent, playing a pivotal role in determining the physical and clinical properties of these fillers. Here's a detailed explanation of BDDE in relation to the manufacture of dermal fillers:

### **Definition of BDDE:**

BDDE is a bifunctional cross-linking agent that contains two epoxy (oxirane) groups at each end of its molecular structure.

It is a clear, colourless liquid with a molecular formula of C<sub>8</sub>H<sub>14</sub>O<sub>4</sub>.

### **Role in Cross-Linking:**

The primary purpose of BDDE in dermal fillers is to facilitate the cross-linking of hyaluronic acid molecules. Cross-linking involves the formation of covalent bonds (cross-links) between HA chains, creating a three-dimensional network or lattice structure.

BDDE achieves cross-linking by reacting with specific functional groups on the HA molecules, typically hydroxyl (-OH) groups.

### **Cross-Linking Process:**

During the manufacturing process of HA dermal fillers, BDDE is introduced to the HA solution.

The epoxy groups on BDDE undergo a chemical reaction with the hydroxyl groups on HA, resulting in the formation of covalent bonds.

These covalent bonds link individual HA chains together, creating a complex network that determines the physical properties of the filler.

#### **Effects on HA Fillers:**

**-Viscosity:** BDDE cross-linking increases the viscosity of the HA solution, making it thicker and more gel-like. The degree of cross-linking can be adjusted to achieve specific viscosities suitable for different treatment areas.

**-Elasticity:** BDDE cross-linking enhances the elasticity of HA fillers. This allows the fillers to maintain their shape and volume, contributing to longer-lasting results.

**-Resistance to Enzymatic Degradation:** The cross-links formed by BDDE make HA fillers more resistant to enzymatic degradation, slowing down the natural breakdown of HA by enzymes in the body.

**-Customization:** The amount of BDDE used and the cross-linking process can be customized to create HA fillers with specific properties, such as viscosity, elasticity, and duration of effect.

#### **Safety and Regulatory Considerations:**

BDDE has a long history of safe use in medical and cosmetic applications.

Dermal fillers containing BDDE must adhere to strict quality control and regulatory standards to ensure product safety and efficacy.

Regulatory authorities, such as the European Medicines Agency (EMA), provide guidelines and specifications for the use of BDDE in HA fillers.

#### **Reversibility:**

One of the advantages of BDDE cross-linked HA fillers is their potential for reversibility.

If necessary, the effects of HA fillers can be partially or completely reversed by injecting hyaluronidase, an enzyme that breaks down the HA molecules and disrupts the cross-links formed by BDDE.

## **What is Divinyl Sulfone DVS**

Divinyl sulfone (DVS) is a chemical compound used in the manufacture of certain hyaluronic acid (HA) dermal fillers. Similar to BDDE (1,4-butanediol diglycidyl ether), DVS is employed as a cross-linking agent to modify the properties of HA and create a stable, long-lasting filler product. Here's a detailed explanation of DVS in relation to the manufacture of dermal fillers:

#### **Definition of DVS:**

Divinyl sulfone (DVS) is an organic compound with the molecular formula  $C_4H_6O_2S$ .

It contains two vinyl ( $C=C$ ) groups and a sulfone ( $S=O_2$ ) functional group.

#### **Role in Cross-Linking:**

DVS serves as a bifunctional cross-linking agent in the manufacture of HA dermal fillers.

Like BDDE, DVS is used to create covalent bonds (cross-links) between HA molecules, resulting in a network structure within the filler.

#### **Cross-Linking Process:**

During the manufacturing process, DVS is introduced to the HA solution.

The vinyl groups in DVS react with specific functional groups on the HA molecules, typically hydroxyl (-OH) groups.

This chemical reaction forms covalent bonds, linking individual HA chains together and creating a three-dimensional lattice.

#### **Effects on HA Fillers:**

**-Viscosity:** DVS cross-linking increases the viscosity of the HA filler, making it thicker and more gel-like. The degree of cross-linking can be adjusted to achieve specific viscosities suitable for different treatment areas.

**-Elasticity:** DVS cross-linking enhances the elasticity of HA fillers. This property allows the fillers to maintain their shape and volume, contributing to longer-lasting results.

**-Durability:** Cross-linked HA fillers, including those made with DVS, are more durable and resistant to enzymatic degradation, leading to prolonged effects.

**-Customization:** The amount of DVS used and the cross-linking process can be customized to create HA fillers with specific rheological properties, such as viscosity, elasticity, and cohesivity.

#### **Safety and Regulatory Considerations:**

DVS has been used safely in the manufacture of medical and cosmetic products.

Dermal fillers containing DVS must adhere to stringent quality control and regulatory standards to ensure product safety and efficacy.

Regulatory authorities, such as the European Medicines Agency (EMA), provide guidelines and specifications for the use of DVS in HA fillers.

#### **Reversibility:**

Similar to BDDE cross-linked HA fillers, those made with DVS have the potential for reversibility.

If necessary, the effects of HA fillers can be partially or completely reversed by injecting hyaluronidase, an enzyme that breaks down the HA molecules and disrupts the cross-links formed by DVS.

In the manufacture of hyaluronic acid (HA) dermal fillers with a **monophasic structure**, BDDE (1,4-butanediol diglycidyl ether) is typically the cross-linking agent of choice. Monophasic fillers have a uniform and consistent structure throughout, and BDDE is often used to create this homogenous network within the filler. BDDE reacts with specific functional groups on the HA molecules to form covalent bonds, resulting in a single-phase, gel-like consistency suitable for deep tissue augmentation and volumizing.

In contrast, **biphasic fillers**, which have a heterogeneous structure with distinct phases of different properties, may use other cross-linking agents, including DVS (divinyl sulfone), to achieve this variation in properties within the same filler.

## **Product safety**

In the European Union (EU), including the United Kingdom (UK), medical devices like dermal fillers are subject to regulations and must adhere to specific standards to ensure their safety and efficacy. The CE marking is a crucial aspect of this regulatory framework.

### **CE Marking for Medical Devices:**

The CE marking (Conformité Européenne) is a symbol that indicates a product's compliance with EU regulations for health, safety, and environmental protection.

For medical devices, including dermal fillers, the CE marking signifies that the product meets the essential requirements and has undergone the necessary conformity assessment procedures.

### **Regulatory Framework:**

The regulatory framework governing medical devices in the EU and the UK is known as the Medical Devices Regulation (MDR) in the EU and the Medical Devices (Amendment etc.) (EU Exit) Regulations 2019 in the UK.

These regulations outline the requirements for the safety and performance of medical devices, including dermal fillers.

### **CE Marking for Dermal Fillers:**

#### **Classification:**

Dermal fillers are classified as medical devices in the EU and the UK.

The classification depends on factors such as their intended use, duration of effect, and invasiveness. Dermal fillers often fall into Class III, which represents higher-risk devices.

#### **Conformity Assessment:**

To obtain the CE marking for dermal fillers, manufacturers must undergo a conformity assessment process.

This process involves assessing the product's compliance with the applicable regulatory requirements, including safety, performance, and quality standards.

#### **Technical Documentation:**

Manufacturers are required to compile technical documentation that demonstrates the product's conformity with regulatory requirements.

This documentation typically includes information on the product's design, performance, risk assessment, and manufacturing processes.

#### **Quality Management System:**

Manufacturers must implement and maintain a quality management system in accordance with ISO 13485 or an equivalent standard.

This system ensures that the product is consistently manufactured to the specified standards.

#### **Post-Market Surveillance:**

Manufacturers are also responsible for post-market surveillance, which involves monitoring the product's safety and performance once it's on the market.

Any adverse events or safety concerns must be reported, and appropriate corrective actions must be taken.

**Notified Bodies:**

In some cases, an independent third-party organization called a Notified Body may be involved in the conformity assessment process.

The Notified Body assesses the product's compliance with regulatory requirements and grants the CE marking if all criteria are met.

**Labeling and Instructions for Use:**

Products with the CE marking must be properly labeled with essential information, including the manufacturer's details, instructions for use, and any precautions.

The label and packaging must bear the CE marking prominently.

**Implications of CE Marking:**

The CE marking is a legal requirement for medical devices to be placed on the EU and UK markets.

It indicates that the product meets essential safety and performance standards.

It provides assurance to healthcare professionals and patients that the product has undergone regulatory scrutiny and is safe and effective for its intended use.

In summary, dermal fillers are classified as medical devices and must adhere to specific regulatory requirements, including the CE marking, to be legally marketed in the EU and the UK. The CE marking signifies compliance with safety and performance standards and is an essential aspect of the regulatory process for medical devices, including dermal fillers.