

Level 3 Reading List

Units 1,2 and 4

Susan Cressy (2017). *Beauty Therapy: The Foundations – The Official Guide to Level 2 & Level 3* (4th ed.). Cengage Learning.

Jane Hiscock, Elaine Stoddart, Jeanine Connor (2013). *Beauty Therapy: The Foundations (Level 2 & Level 3)* (4th ed.). Heinemann.

Lorraine Nordmann (2017). *Beauty Therapy: The Advanced Guide to Level 3* (4th ed.). Cengage Learning.

Ann Gallant (2013). *The Beauty Therapy Fact File* (6th ed.). Nelson Thornes

Unit 3

Bev Francis, Joan Scott, & Veronica Fossa (2018). *Anatomy & Physiology for Beauty and Complementary Therapies* (3rd ed.). Cengage Learning EMEA.

Samantha Taylor (2015). *Anatomy & Physiology for Therapists and Healthcare Professionals* (2nd ed.). Heinemann.

Tortora, G.J., & Derrickson, B. (2017). *Principles of Anatomy and Physiology* (15th ed.). Wiley.